

2.1 Large Group Lesson | Preschool



LEADER DEVOTIONAL

Have you ever noticed how many times the Bible makes reference to the hand of God? God's hands are mentioned more than any of His other body parts. Do you remember the verse about the elbow of God? Neither do I. Hands invoke so many different images — power, intimacy, creativity, strength, comfort.

Recently, a friend suffered a stroke and was in the hospital. I went to visit her, not because I had something tangible to give her, but because I wanted to sit next to her and hold her hand. Period. That's it. In that simple gesture of grabbing her hand, I wanted to somehow show her that she was not alone, I was there for her, and I was praying for her.

The power of that simple act of holding someone's hand is amazing. It not only comforts the receiver but gives them strength and courage. When a mom is laboring away, there isn't much the husband can do but hold her hand and whisper in her ear that everything is going to be alright. When a child becomes frightened, one of their first instincts is to grasp the hand of someone they trust.

In Isaiah 41:13, God says He will take hold of our right hand and help us. He doesn't say He will do it for us or remove our hands so He can finish the job. His gentle touch reminds us that He is here with us, we are not alone, we do not need to be afraid, and He is on our side. I think my biggest fear at times is feeling like I am "doing it alone" or "forgotten." In those moments of fear, I need to remember to stop and feel the mighty, powerful hand of God grasping mine and hear Him whispering, "Do not fear. I am WITH YOU!"

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